



Life Coaching Packages/Courses	Brief Description
Discover and Live YOUR Life PURPOSE and full MEANING.	<ul style="list-style-type: none"> ▪ Proven practical steps, techniques, and tools to help you find more meaning and purpose in your life. ▪ Fulfill your purpose. Master your destiny.
Live a Life of HAPPINESS and Long-Lasting JOY.	<ul style="list-style-type: none"> ▪ A proven, step-by-step system with all the tools needed for a happier and joyful living. ▪ Learn powerful tools and strategies to help you find joy and happiness in your everyday life.
Complete Guide to GOAL SETTING for your SUCCESS.	<ul style="list-style-type: none"> ▪ Succeed at Achieving Your Goals with proven practical techniques and tools. Goal Success Rate Guaranteed! ▪ A solid foundation system to keep you motivated, committed, and flexible.
Total Life TRANSFORMATION from the Core (Combo Package)	<ul style="list-style-type: none"> ▪ Life purpose, happiness, goal setting. ▪ Be the hero of your own life story. ▪ Practical techniques and tools for daily resilience, refocusing your past for a greater purpose, letting go, and creating lasting change.
Generic Life Coaching Portfolio. Proven model to get to the root of your need.	<ul style="list-style-type: none"> ▪ You want to create a life that is full of balance and fulfillment. ▪ You are not sure what it is, and where to start? ▪ Do you have several goals or outcomes? You have something different in mind?

Categories:

- ✓ One-On-One 45-minutes Coaching Sessions
- ✓ One-On-One 60 Minutes Coaching Sessions
- ✓ Group Coaching Sessions

Packages also include:

- FREE Personalized life journey assessment.
- FREE Wrap Up and Next Steps last)
- FREE Follow-Up Email Support
- Quarterly check-in (calls)/Accountability Partner (if needed)
- FREE copy of any workbook and worksheets.

Book a FREE 30-Min INTRO CALL to assess your needs, discuss how many sessions would best benefit your goals, and determine what discounts you may be eligible for.